



Dover Behavioral Health System

Caring, Consistent, Collaborative Healthcare

725 Horsepond Road Dover, DE 19901

Tel: 302-741-0140 / Fax: 302-741-8551

Toll Free: 885-609-9711

web: www.doverbehavioral.com



Services at-a-glance

The experienced, caring staff at DBH is proud to provide superior inpatient and outpatient behavioral healthcare services for adolescents and adults, benefiting patients, their families, and the community.

ASSESSMENT AND REFERRAL CENTER

- Providing free confidential assessment and referral services
- 24 hours/day, 7 days/week
- No appointment necessary
- Conducted by master's level clinicians or psychiatric nurses

ASSESSMENTS INCLUDE:

- Safety Assessment
- Current Mental Status Examination
- Level of Care Determination
- Plan of Action, including referrals for ongoing support

INPATIENT AND PARTIAL HOSPITALIZATION FOR ADOLESCENTS AND ADULTS

- Comprehensive Individual Assessment
- Psychiatric Evaluation and Medication Stabilization
- Physical examination and follow-up
- Dual Diagnosis Programming
- Academic instruction provided to Adolescents
- Daily Psycho-educational and Group Therapy as well as Skills Training
- Family Sessions
- Allied Therapies, including Art and Music Therapy
- Follow-up with outpatient providers
- Personalized Discharge and Aftercare Plans
- Semi-private rooms with access to our enclosed outdoor courtyard

DAY PARTIAL HOSPITALIZATION OFFERED WEEKDAYS - 9:00 A.M. TO 3:00 P.M.
EVENING CHEMICAL DEPENDENCY PARTIAL PROGRAMS OFFERED WEEKDAYS

Call 302-741-0140 or 885-609-9711 to schedule an assessment or to make a referral.

Walk-ins are welcome.

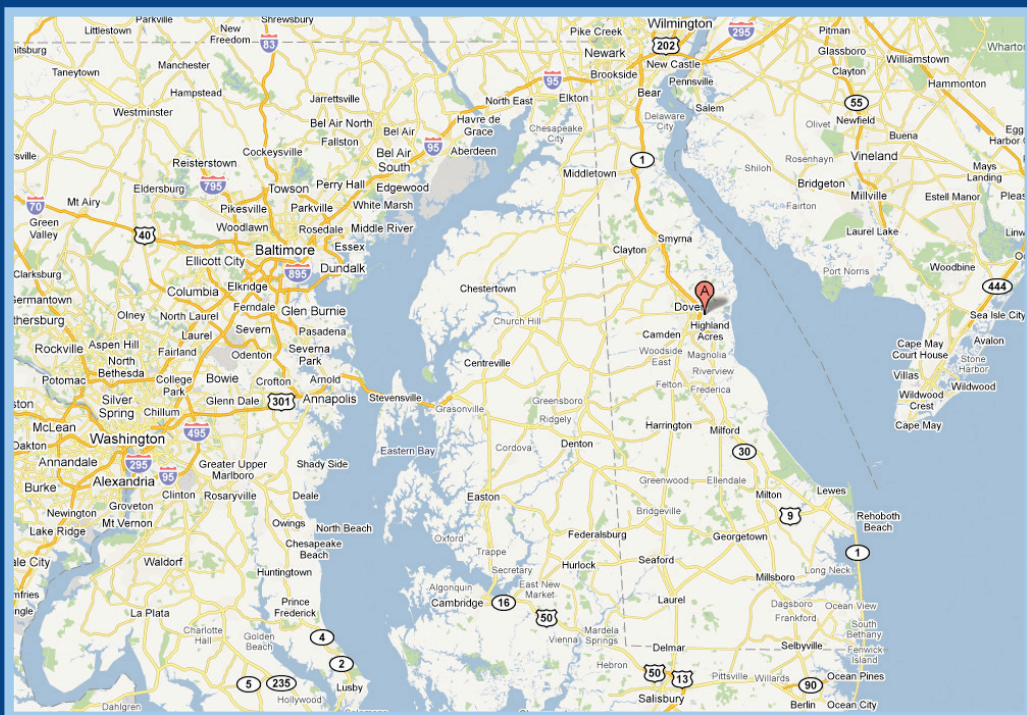
What to expect at Dover Behavioral Health System . . .

Upon arrival at Dover Behavior Health System

- Client or parent/guardian complete registration form with emergency and outpatient provider contact information and insurance information.
- Level of Care assessment performed by master's level counselor to determine recommendation of care (takes minimum of 45 minutes).
 - For inpatient recommendations: Admission paperwork and orders completed (takes minimum of 30 minutes). After admission to unit, a nursing assessment is completed with a focus on medical history (takes minimum of 30 minutes). Non-invasive client search and belongings search completed by staff to ensure safety.
 - For partial day recommendations: Client sent home and staff to contact insurance company for authorization next business day. Client will begin program 1-2 days after initial assessment.
 - For all other recommendations: Client given plan of care form that lists 3 appropriate service providers in their home area to contact.

Within the first 24 - 48 hours of admission to either inpatient or partial day programming

- Referral source and outpatient providers notified of admissions (only with signed release of information)
- Initial Psychiatric Assessment
- Physical exam completed by internist (physical exam)
- Routine labs drawn (as indicated)
- Urine Drug Screen performed (as indicated)
- Chemical Dependency assessment (as indicated)
- Psychosocial assessment completed by social worker
- Family contacted and family session scheduled
- Nursing assessment completed
- Dietician referral (as indicated)
- Creative Arts assessment
- Initial treatment plan developed
- Orientation to unit rules
- Orientation to daily structured group programming
- Psychological testing (as indicated)



Dover Behavior Health System located at (A)

Map courtesy of Google Maps



Dover Behavioral Health System
Caring, Consistent, Collaborative Healthcare

725 Horsepond Road Dover, DE 19901
Tel: 302-741-0140 / Fax: 302-741-8551
Toll Free: 885-609-9711
web: www.doverbehavioral.com