



Dover Behavioral Health System  
*Caring, Consistent, Collaborative Healthcare*  
**Sussex Campus**

404 S. Bedford St. Georgetown, DE 19947

**Tel: 302-741-0140 / Toll Free: 855-609-9711**

web: [www.doverbehavioral.com](http://www.doverbehavioral.com)



## Services at-a-glance: Sussex Campus

### **PARTIAL HOSPITALIZATION AND OUTPATIENT FOR ADOLESCENTS AND ADULTS**

Dover Behavioral Health offers partial hospitalization services to Sussex County through its location in Georgetown, DE. The program is available for adolescents and adults in Sussex County. Anyone who needs support in transitioning from inpatient psychiatric care or requires more intensive services than those offered in traditional outpatient therapy will benefit from Dover Behavioral Health's Partial Hospital Day Program.

The Partial Hospital Programs are tailored differently to ensure that activities and therapies reflect the specific stage of life needs of each individual. Both the Adolescent & Adult Partial Hospital Programs are offered weekdays from 9:00am to 3:00pm.

**TRANSPORTATION IS PROVIDED.**

### **Program Elements Include:**

- Comprehensive Individual Assessment
- Psychiatric Evaluation and Medication Stabilization
- Dual Diagnosis Programming
- Academic instruction provided to Adolescents
- Daily Psycho-educational and Group Therapy as well as Skills Training
- Family Sessions
- Allied Therapies, including Art Therapy
- Follow-up with outpatient providers
- Personalized Discharge and Aftercare Plans

**DAY PARTIAL HOSPITALIZATION OFFERED WEEKDAYS - 9:00 A.M. TO 3:00 P.M.**

**Call 302-741-0140 or 855-609-9711 to schedule an assessment or to make a referral.**

***Walk-ins are welcome.***



Dover Behavioral Health is accredited by the Joint Commission.



# What to expect at Dover Behavioral Health System Sussex Campus . . .

## New Text to come

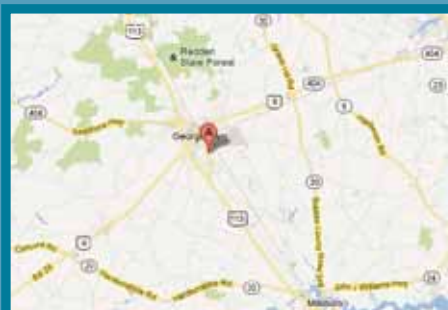
- Client or parent/guardian complete registration form with emergency and outpatient provider contact information and insurance information.
- Level of Care assessment performed by master's level counselor to determine recommendation of care (takes minimum of 45 minutes).
  - For inpatient recommendations: Admission paperwork and orders completed (takes minimum of 30 minutes). After admission to unit, a nursing assessment is completed with a focus on medical history (takes minimum of 30 minutes). Non-invasive client search and belongings search completed by staff to ensure safety.
  - For partial day recommendations: Client sent home and staff to contact insurance company for authorization next business day. Client will begin program 1-2 days after initial assessment.
  - For all other recommendations: Client given plan of care form that lists 3 appropriate service providers in their home area to contact.

## New Text to come

- Referral source and outpatient providers notified of admissions (only with signed release of information)
- Initial Psychiatric Assessment
- Physical exam completed by internist (physical exam)
- Routine labs drawn (as indicated)
- Urine Drug Screen performed (as indicated)
- Chemical Dependency assessment (as indicated)
- Psychosocial assessment completed by social worker
- Family contacted and family session scheduled
- Nursing assessment completed
- Dietician referral (as indicated)
- Creative Arts assessment
- Initial treatment plan developed
- Orientation to unit rules
- Orientation to daily structured group programming
- Psychological testing (as indicated)



Dover Behavior Health System  
Sussex Campus is located at (A)  
*Map courtesy of Google Maps*



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